

EYFS PSHE	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	L1 and L2 : Gentle Hands and Heart x 2	L1 : Managing Feelings	L1 and L2 : Trusted Adults x 2	L1 : The great outdoors	L1 : Follow my lead	L1 : Technology
	L3 and L4 : Sharing x 2	L2 and L3 : Being curious	L3 and L4 : Fire safety x2	L2 and L3 : Animals	L2 and L3 : Marching to the beat of your own drum.	L2 and 3 : Water safety
	L5 and 6 : Taking Good care of myself x 2	L4 and 5 :Sleep	L5 : The great outdoors	L4 and 5: Road safety	L4 and L5 : Plants we eat	L4 and L5 : Cities , Towns , Lands and Sea x 2
	L7 : Managing Feelings	L6 and L7 : Making Mistakes		L6 : Follow my lead	L6 : Technology	L6 and L7 : Early learning goal gaps.

Year 1 PSHE	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	L1 and 2 Being Happy	L1 and 2 Getting your sleep	L1 and 2 A Problem Shared is a Problem Halved	L1 What Makes A Family	L1 and 2 First Aid and CPR	L1 and 2 Road Safety
	L3 and 4 Being Mindful	L3 and 4 Hygiene and Me	L3 and 4 Communication	L2My Growing Body	L3 and 4 Emergency Services	L3 and 4 Safety Symbols x
	L5 and 6 Braving the Weather	L5 and 6 Understanding Difficult Feelings	L5 and 6 Trust	L3 and 4 Respecting Others	L5 and 6 Food Safety and What Not to Eat	L5 and 6 Signalling & Sign Language
	L7 What is Friendship	L7 Kind vs Unkind		L5 and 6 Water Safety	L7 Wildlife	

Year 2 PSHE	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	L1 and 2 Screen Time Safety x 2	L1 and 2 It's Okay not to be Okay	L1 Respecting All Families	L1 and 2 Desert Island	L1 and 2 Cyber Safety	L1 and 2 Personal Goal Setting
	L3 and 4 Feeling Sad x 2	L3 Understanding Peer Pressure	L2 and 3 Dealing With Loss x 2	L3 and 4 Environment	L3 and 4 Fire Safety	L3 and 4 Protecting our Planet x 2
	L5 and 6 Happiness x 2	L5 and 6 Relaxation	L4 and 5 Fight or Flight x 2	L5 and 6 Navigation	L5 and 6 Forest Survival	L5 and 6 Adapting to Change
	L7 Positive Friendships	L7 Global citizen : Mental Health Week			L7 The Art of Failure	L7 My Private Body

Year 3 PSHE	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	L1 Personal Hygiene	L1 My Body, Your Body – Keeping Healthy	L1 Power of Words: STOP	<b>L1 and 2 BV Democracy and Law</b>	L1 and 2 Helping Others to Get Help	L1 and 2 Growth Mindset
	L2 Vaccinations and Diseases	L2 and 3 Self-Worth	L2 Social Media Body Confidence	<b>L3 and 4 BV Culture and Liberty x 2</b>	L3 and 4 Who Can We Trust	L3 Sun Safety
	L3 Anger, Fear and Mindfulness	L4 and 5 Self-Image	L3 Gender	L5 and 6 Relationships with Others	L5 and 6 Staying Safe Online x 2	L4 The World of Work Problem
	L4 Anxiety, Stress and Mindfulness	L5 Autism Different, Not Less	L4 Fairtrade: Working Together		L7 Separation and Divorce	L5 and 6 Solving and Time Management
	L5 Exercise	L6 Different Kind Of Relationships	L5 Global Warming - What Can We Do To Help?			
	L6 Safety with Household Meds		L6 Celebrating Women in History: Traditional Roles			
	L7 Change is Good					

Year 4 PSHE	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	L1 and 2 Healthy Eating and a Balanced Diet x2	L1 My Body, Your Body - Keeping Safe	L1 and 2 Bullying	L1 and 2 BV Government and Rules	L1 and 2 Relaxing to Recharge x 2	L1 and 2 Problem Solving and Resourcefulness
	L3 Where Does My Food Come From?	L2 and 3 Respect	L3 and 4 Being Responsible	L3 and 4 BV Freedom in Beliefs	L3 and 4 Sleep x 2	L3 and 4 Try and Try Again x 2
	L4 Fairtrade: Change Through Choice	L4 Body Language & Communication 1	L5 and 6 Family Relationships	L5 Earning Money	L5 and 6 Screentime x 2	L5 and 6 Leadership
	L5 and 6 the Importance of Physical Activity	L5 Consent			L7 Tiktok	L7 Identity and Gender
		L6 Everything Will Be Alright				
		L7 What's Love?				

Year	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
5 PSHE	<p>L1/2 : Junk Food x 2</p> <p>L3/4:Nutritional Values x2</p> <p>L5/6The Human Body x 2</p> <p>L7: Caffeine - Helpful or Harmful?</p>	<p>L1/L2 Keeping My Body The Same x 2</p> <p>L3/4My Body Changes x 2</p> <p>L5 Autism - Neurodivergence</p> <p>L6: Expressing Love Differently As You Grow</p> <p>L7:What is Marriage?</p>	<p>L1 : Power of Words - Mouldy Rice</p> <p>L2:Social Media - Being Confident</p> <p>L3/4Responsibility and Inspiration x 2</p> <p>L5: Homophobic Language in Schools</p> <p>L6 :Fairtrade: Same Storm, Different Boat</p>	<p><b>L1/2: BV Laws and Parliament x 2</b></p> <p><b>L3/4 :BV Freedom of Speech and Movement x 2</b></p> <p>L5/6 Respecting Others' Boundaries and Beliefs x 2</p>	<p>L1/2The Digital World x 2</p> <p>L3/4Supporting the Community, x 2</p> <p>L5/6Communicating Effectively x 2</p> <p>L7 : Learning Part 1</p>	<p>L1: Learning Part 2</p> <p>L2/3 Borrowing Money x 2</p> <p>L4/5 Dealing With Adversity x 2</p> <p>L6/7 The NHS x 2</p>

Year 6 PSHE	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	L 1/2 First Aid x 2	L1: Fair Trade - The Shirt Off Your Back	L1/2 Pensions	<b>L1/2: BV Lawmakers and Activists x 2</b>	L1: Social Media - Tik Tok	L1: Alcohol, Smoking and Vaping
	L3/4 Self-Perception x 2	L2: The Power of Words - Clean up Your Speech	L3: Autism Do say, Don't say	<b>L3/4 BV Rights and Radicalisation x 2</b>	L2 and 3 Learning to Working	L2: Drugs
	L/5 Organisation of Life		L4: Recognising Anger and controlling anger	L5/6 The Government X 2	L4: The Power of Love - Inequality Within Relationships	L3: Illegal Drugs
	L6: Celebrating Women in History - Forgotten Achievements	L3/4 The Power of Negotiation X 2	L5 and L6: Ageism		L5: What is Forced Marriage?	L4/5: Feeling Anxious
	L7 :Global Warming - Issues and Prevention	L5/6: Banks			L6: Identity, Gender and Sexuality	L6/7 Transition