



Lanivet School

PE Vision Statement

September 2019

PE and Sport is an essential part of everyday life at our School. As a school we provide the statutory two hour PE time. We also recognise the importance of a healthy balance lifestyle so we provide children with opportunities inside and outside school to extend the time they are physically active. This can be seen with Key Stage Two children starting their day with a collective wake up , shake up session whilst Key Stage 1 move to music in the classroom. Every year group takes part in the Daily mile – this does not always mean running. They can hop, jump or dance their way around. We also encourage children to set physical challenges and push themselves further by beating their previous goal. This is done through Skip2Bfit. Children have two minutes to skip to music and set themselves a goal to beat.

We are fortunate enough to have outdoor space, a hall, the recreation field and access to the 'All for one centre' to keep all children physically active. There is also a wide variety of equipment for different sports, that can be used during lessons, playtime/lunchtime and after school.

Our vision for PE at Lanivet School is:

'Healthy Body , Healthy Mind' This is the heart of our PE curriculum so children have a good understanding of health and fitness and strive to improve this.

- High quality teaching and learning across the school in all sports and physical activities.
- Children of all sporting abilities to take part in extra-curricular sports clubs and represent the school at festivals, matches and performances.
- Children have experience of a wider range of physical activities.
- Children are willing to try new things to get them active and learn to be good team players.

We work in conjunction with professional and local clubs to supplement the expertise that our staff have. This includes Eva Minarikova, a professional Judo Coach, Andrew Scott , a professional archery coach, the Cornish Pirates, Plymouth Argyle and Bodmin hockey club.